



chartwells
serving up happy & healthy



The Town of Norwood in partnership with Norwood Food Service will be providing Grab & Go dinner meals at selected sites. Meals will contain 8-10 servings so they may last more than one day.

Wednesday, November 4

Option 1: Roasted Pork Loin w/ Roasted Potatoes & Vegetables
Option 2: Roasted Turkey Dinner w/Roasted Potatoes & Vegetables

Wednesday, November 18

Option 1: Pasta & Meatballs
Option 2: Vegetable Pasta Primavera

Wednesday, December 2

Option 1: Meat Lasagna
Option 2: Vegetable Lasagna

Wednesday, December 9

Option 1: Orange Chicken -or- Sweet & Sour Chicken
Option 2: Vegetable Stir Fry

Wednesday, December 16

Option 1: Chicken Parmesan
Option 2: Eggplant Parmesan

To request meals, please fill in the meal request form at:
<https://forms.gle/uKuLZ9AbVNRC6FQM8>