



Cape Ann Seniors on the GO


**OPENING THE DOOR TO FOOD,
FITNESS AND FUN**

SUMMER 2020 SCHEDULE

**For residents of Millbrook Park, Rockport High School Apartments &
Pigeon Cove Ledges**

To catch a ride reserve your FREE SEAT today by calling CATA (978) 283-7916

For specific pick up & return home times for any of these trips view our flyer for your specific building posted in your complex or call CATA for more details.

 **& Tuesdays Walking @ Gloucester Boulevard** Join us along with occasional walk leaders this season for a socially distanced stroll at your own pace each Tuesday! Don't forget your mask! Bus stays at Boulevard to transport home early upon request.



Pick up from buildings start @ 9:00 am Return home starts @ 11:00 am

 **Wednesdays Grocery Shopping @ Market Basket:** For older adult shopping hours

Pick up from buildings start @ 7:25 am Return home starts @ 9:00 am

 **Thursdays Grocery Shopping @ Stop n Shop, Market Basket & Shaws:**

Pick up from buildings start @ 9:25 am Return home starts @ 11:00 am

  **Fridays Fisherman's Wharf & The Open Door Food Pantry:** New stop Fisherman's Wharf mobile seafood market! FW staff will take your order on the bus, collect payment and bring your purchase back to the bus. Food pantry is curbside pick up of prepackaged grocery bags at this time.

Pick up from buildings start @ 9:25 am Return home starts @ 10:00 am



Gloucester Health Dept. | Rockport Housing Authority | Rockport Council on Aging | CATA

Harborlight Community Partners

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