# King Philip, Norfolk, Plainville & Wrentham Schools Parent/Guardian Wellness Education Series

The four districts are pleased to invite you to attend the second event in our series related to social and emotional wellness. We look forward to seeing you at this event, or at one of the programs planned for this spring.

#### **Making Sense of Healthcare Financing**

Navigating healthcare financing can create barriers to accessing behavioral health support for children. Our speaker will provide an overview of Mass Health Programs with emphasis on CommonHealth and the pathways to eligibility. She will discuss access to benefits and services, including MA Premium Assistance Program; and explain associated costs. Learn about recent insurance coverage changes in MA for behavioral health services for children for both private and public insurance. For parents of children ages 0-19.

Speaker: Pat Nemia, MA PT

Pat Nemia is the Project Director of Mass Family Voices/F2F Health Information Center at the Federation for Children with Special Needs. Pat has many years of experience in health care as a physical therapist, educator, and administrator. In her role at FCSN, Pat educates and empowers families in health care financing including Mass Health issues.

This program will be offered twice:

February 26, 2020

6:30 pm Wood School

72 Messenger Street, Plainville Need Childcare: Register March 18, 2020

6:30 pm

Freeman-Kennedy School 70 Boardman Street, Norfolk Need Childcare: Register Mark your calendars!

March 4, 2020, 6:30 pm

## **Substance Use in Our Community**

Hosted by: Healthy KP Substance Use Prevention Coalition & S.A.F.E Coalition

King Philip High School Flyer



April 7, 2020, 7:00 pm

### Secret Lives of Teens & Tweens

Speaker: Jon Mattleman, MA King Philip Middle School

April 15, 2020, 7:00 pm Social Emotional Learning & Mindfulness for Parenting

Speaker: Linda Price, M. Ed., CAGS, LEP, E-RYT, YACEP

Wood School, Plainville

### **April Events Funded by**



May 6, 2020, 7:00 pm

Social Media's Impact on Mental Health: Optimizing the Connection

Speaker: Susan Reynolds, M.Ed.

King Philip Middle School