

# King Philip, Norfolk, Plainville & Wrentham Schools Parent/Guardian Wellness Education Series

## Let's talk about Anxiety: Community Viewing of Angst

Through the generous support of KyleCares, the districts will host Angst, an Indie Flix original documentary, to raise awareness around anxiety. With an emphasis on children and adolescents, the film provides parents a candid look at symptoms of anxiety and tools for coping, while increasing help seeking and hope. Discussion with a panel of school and community professionals will follow the viewing.

Though a parent education offering, this program is suitable for youth ages 10 and up who may wish to attend with their parent.

**Thursday, February 6, 2020 at 7:00 pm**  
King Philip Regional High School Auditorium  
20 Franklin Street, Wrentham



<https://angstmovie.com/>

Need Child Care? [Complete form](#)